



100% gluten free.

*Although we don't use nuts in any dish & all care is taken,
we cannot guarantee against trace amounts*

Small breakfast	\$18
Egg, bacon, continental sausage, beans, tomato & toast	
Big breakfast	\$24
Double eggs, double bacon, continental sausage, beans, mushrooms, hash brown, tomato & toast	
Veggie breakfast	\$20
Double egg, haloumi, beans, mushrooms, hash brown, spinach tomato & toast	
Vegan breakfast	\$18
Plant based chicken sausage, beans, mushrooms, hash brown, spinach, tomato & toast	
dob French toast	\$16
Eggy bread topped with bacon	
Eggs Benedict	\$16
Eggs, ham and hollandaise sauce on toast	
Eggs Florentine	\$16
Eggs, spinach and hollandaise sauce on toast Add smoked salmon \$6	
Smashed avo on toast	\$17
Toast topped with smashed avocado, fetta, & poached egg Add bacon \$4	

Breakfast burger	\$18
Continental sausage, bacon, egg, hash brown & tomato sauce Add beef patty \$4 Add shoestring fries \$4	
Veggie burger	\$16
Hash brown, egg, mushrooms & spinach Add shoestring fries \$4	
Vegan burger	\$17
Plant based chicken burger, hash brown, mushrooms & spinach Add shoestring fries \$4	
Gluten free croissants	\$12
Two croissants served with selection of preserves	
Ham & cheese gluten free croissants	\$14
Muesli & yogurt	\$12
Toasted muesli with Greek yogurt	
Pancakes & waffles	
Choose your base & add your topping	
Vanilla ice cream & maple syrup	\$14
Strawberries, vanilla ice cream & maple syrup	\$16
Blueberries, vanilla ice cream & maple syrup	\$16
Mixed berries, vanilla ice cream & maple syrup	\$16
Bacon & maple syrup	\$17
Southern fried chicken	\$18
Bacon & eggs	\$18
Smashed avocado, fetta, egg	\$18
Baked beans & mushrooms	\$16